

Marafun Race Rules

All participants must provide contact details for use in the case of an emergency.

All participants must write their name and details of any health problems or medication, plus a person who can be contacted in emergency, on the reverse of the race number, which must be worn on the front of shirts during the event.

In the case of an emergency the organisers may use the details provided by you to contact you.

All participants enter the Marafun at their own risk and the organisers shall not be liable for any injury or loss that might occur as a result of their participation.

Any participant unsure of their physical ability to take part in Marafun should take medical advice from a general practitioner prior to the event.

By taking part, all participants agree for their names and any images taken during their participation in Marafun to be used to publicise the Marafun and the work of Footsteps International or Rotary.

No roller skates/blades are allowed on the course.

Children under 12 must be accompanied by a responsible adult at all times.

You have a legal responsibility to ensure that all sponsorship monies/donations received by you as a result of participating in the Marafun are paid to your chosen charity.

UK Athletics age restrictions apply for road running events:

Event	2k	4k	10k	Half marathon	Marathon
Min age on the day of the event	-	-	15	17	18

All participants take part on the basis that:

- They will abide by the law and will follow instructions given by Marafun officials.
- They are good health on the day, and are taking part at their own risk.